

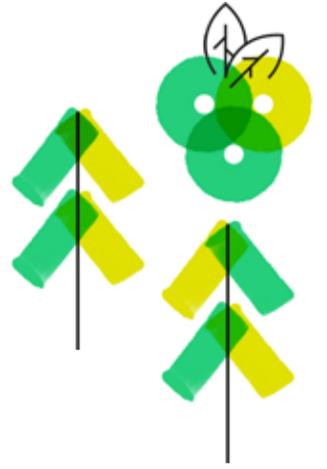
Community Crossword

Across

- 1. Grains used for sowing 5
- 3. Improve the look of something 8
- 5. Make better 7
- 9. A pupa of a butterfly 9
- 10. A spider's home 6
- 11. For when clothes don't fit 10
- 12. To replace with another 6
- 14. Bringing in the crops 7

Down

- 2. Day and night of equal length 7
- 4. Is it a car? Is it a robot? 11
- 6. When Marsh and Micklefield join together, with popcorn! 10
- 7. Film that keeps you on the edge 8
- 8. Reduce, reuse and ... 7
- 13. When leaves turn red and gold 6



Answers
 Across: 1. Seeds 3. Beautify
 5. Improve 9. Chrysalis 10. Cobweb
 11. Alteration 12. Change 14. Harvest

Down: 2. Equinox 4. Transformer
 6. Movie night 7. Thriller 8. Recycle
 13. Autumn



 @marshandmicklefield
  @marshandmickle
  @marshandmicklefield

There are lots of opportunities to get involved in the newspaper coming up, contact themayfly@marshandmicklefield.com for more information.

Acknowledgements

The Mayfly has been put together by staff and residents from Marsh and Micklefield involved in the Big Local project.

To find out more please visit: marshandmicklefield.com/about

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Micklefield Community Tutoring

Free KS1 and KS2 tutoring and 11+ coaching for 5-11 year olds.

Children of all abilities welcome.

For booking or more information contact Mrs Nasreela Younis

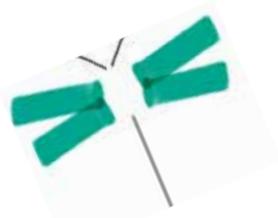
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THE MAYFLY

News, Views and Ideas from across Marsh and Micklefield

See centre spread for what's on guide.



The Tale of Three Buildings

Some of our community buildings celebrate important anniversaries this year. The Mayfly has been finding out more about how these buildings came into being, and what it takes to keep them open.

By Lisa Meaney with Peter Cartwright, Chris Turner and Ray Farmer

Micklefield Community Centre, perched between Highfield Woods and Micklefield Road, will be celebrating its 30th birthday this September.

Peter Cartwright, the Centre's trustee and former chairman, recalls how over three decades ago, residents came together to build the Centre.

'Micklefield always had a strong community. In the 70s the community used local church halls for events. In 1977 huge street parties were held to celebrate the Queen's Silver Jubilee. This raised 'community spirits' even more, and the idea of having somewhere to call "our own", where people could come together regularly, started to take off.'

In the late 70s residents started to raise funds for a community building. Many jumble sales, raffles, and bingo nights later, they had raised an impressive amount but nowhere near enough for a building, so a small group of residents went to ask Wycombe District Council for help. They had their hopes pinned on buying a central site. The only undeveloped plot left in Micklefield was at the top of what we now know as 'Centre Approach', behind St. Peters Church.

In the mid 80s a large group of residents assembled in the public gallery at Wycombe District Council to see if their request for funds would be passed – it wasn't. Instead, to their amazement the council agreed not only to lease them the site, but also entirely fund the build, leaving the money they had raised to fit out the inside.



Dave Cannings and Nicola Davies outside the Micklefield Library before it closed for rebuilding



Micklefield Community Centre just before it was opened to the public in 1989



Continued from front page

The Centre was built with residents' input and in September 1989 they proudly gathered to open Micklefield Community Centre, complete with bar and community hall. Within two years the Association had raised £40,000 to extend the bar and add a stage to the main hall. Every day since then the Centre has remained open, entirely thanks to local volunteers.

MCC celebrates its 30th anniversary with an 80s themed party on 21st Sept and is launching a community consultation to help plan the next 30 years!

See centre spread for more details.

Just around the corner from the Community Centre is 'version two' of Micklefield Library.

The library service in Micklefield was nearly lost forever in 2005 due to council cuts. Chris Turner, Micklefield resident, recalls how the original library 'looked like a public loo and was regularly vandalised, but we knew we couldn't lose it'.

Chris was part of a group of five residents and local councillors who came together to lead a huge community effort to try and save the old Library. Their protest resulted in the council offering to hand the building over to them – as long as they raised £27,000 per year to keep it open!

Bravely rising to this challenge, residents walked the streets selling raffle tickets and the group spent long evenings working through all the red tape, eventually forming a charity called 'Micklefield Matters' so they could apply for grants.

With £21,000 raised, and the help of Nicola Davies (now the librarian), who initially worked unpaid, the group managed to keep the service running, but its future remained in the balance.

In 2007, in a twist of public funding strategy, the National Lottery launched its 'Library Fund', meaning councils could apply to the lottery to build or renovate libraries. Not short on ambition, 'Micklefield Matters', armed with a business plan and soaring community support, persuaded Buckinghamshire County Council to put in an application.

Fast forward to October 2009, and whilst statutory funding was withdrawn from libraries in Wendover, Gerrards Cross and Chalfont St Peter, the community of Micklefield proudly opened their brand new, state of the art Library – which came with a 10 year commitment from Bucks County Council to keep it open.

Micklefield Library celebrates its 10th Anniversary with a week of activities this October half term

See centre spread for more info.



The original Micklefield Library 1960

The Wrights Meadow Centre is the newest of all the Community Buildings locally.

Ray Farmer, current chair of the Centre, describes how in 2005, faced with a huge development in the Marsh, residents campaigned for a building that would bring old and new community members together.

'There was a sense that with the planned development of the retail park and Wye Dene Estate, we were losing our identity – we wanted the simple things that would allow Wycombe Marsh to retain a sense of place, whilst embracing the changes happening.'



The newly built Wrights Meadow Centre in 2014

At first the council said the area did not need its own building but, pushed for evidence, carried out a survey. It came back showing clear demand!

Meanwhile, a dedicated steering group had formed, bringing members of the 'Heart of Ryemead Community Association' and the closing 'Trades and Social Club' together with other residents and councillors, to keep up the pressure. The group were initially offered some rooms at the top of the retail park, but their vision was for an accessible, multiuse building, and they held on to this.

Ray recalled *'We had to be tactical and determined, it was hard work but it came through in the end'*.

Two years later Wycombe District Council sold the 'Wrights Meadow' site – perfectly positioned between the new estate and the old community of Marsh – to the steering group, for £1.

It took 4 years for the steering group to raise the money for the building. Donations came in from all sorts of places including The Trades and Social Club, The Council, local businesses and Community Groups. By 2012 the steering group had raised £500K and the finish line was in sight. Tired but full of optimism, they went on to oversee the build and fit out.

What we now know as the 'Wrights Meadow Centre' opened in Sept 2014 with a 'handful of cash' left in the pot.

The Wrights Meadow Centre celebrates its 5th Anniversary on Sat 7th September with a free entry family event

See the centre spread for more details.

It is worth remembering, that not only do our community buildings exist thanks to the voluntary work of local residents, they remain open because of them. At our Community Centres, every cup of tea served, booking taken and blade of grass mown relies on someone generously giving up their time. Even the Library, once fully staffed, now depends on our librarian managing a team of volunteers to keep its doors open.

Whilst the amount of statutory money available to support buildings waxes and wanes over the decades, and ways to raise funds, from raffles to crowd funding, come in and out of fashion, one thing is consistent: it is the commitment, hard work and determination of residents that makes shared dreams turn into shared reality, that benefits us all long into the future.

This is 'community spirit', and if the story of our community buildings is anything to go by, both Marsh and Micklefield have tonnes of it.



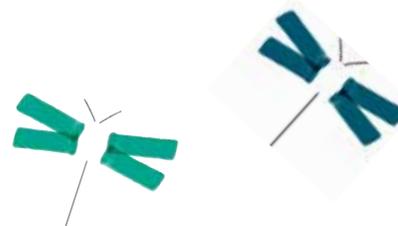
Volunteer Chef Jan Card at the WMC

Help Keep our Community Buildings Open!

All our buildings need volunteers...

...whether it's bar work, shelving books or helping make decisions, if you have any time at all get in touch with The Mayfly and we will connect you to the right people.

✉ themayfly@marshandmicklefield.com



How did you come to live in Mickfield?

I moved to Mickfield 7 years ago. I was 21 when I arrived in the UK to gain experience as a chef. I was a chef in Prague and was offered an opportunity in London, so I came to England. I've worked in pubs, bars and restaurants all over the place in Thames Valley and then decided that the hospitality industry was no longer for me. After a brief time as a local courier I started my Tiny Garden enterprise as I am passionate about knowing where our food comes from and following the journey from soil to plate!

Who was the first person you made friends with in Mickfield?

It was Nicola, the local librarian. She always took an interest in my garden as she walked past and we struck up a friendship. She's always been supportive and a great source of local information as well.

How does living in Czech Republic compare to living in England?

It is definitely different, that's for sure. Not only that you drive on the other side of the road! Here is much more multi-cultural and the food reflects that. For example, we don't have kebabs in Czech Republic but we do have more foods you don't have from different parts of the world like Vietnam and Ukraine. Over here I think society is a bit more open and tolerant, probably because there are so many different cultures here. I feel like part of the furniture here now! People know us now and what we do and we're growing our business slowly but surely.

Journey to Marsh & Mickfield

From Czech Republic to Mickfield, featuring Mickfield resident Josef Stuchlik.

Interview by Madeleine Howe

Is there anything you can see about Mickfield that perhaps other people can't?

It does feel like a village apart from the town. It's a good place to live and a great environment. We love it here – I rarely see any anti-social behaviour and we feel very safe. Outside my front door there is no better view anywhere.

Do you have any ideas of what could make it even better?

I'd love to see somewhere for older young people to socialise after school and in the early evening and maybe a bar or restaurant for people to get together. I'd also love to see some of the empty spaces around here used to grow vegetables, fruit and flowers – it's a great way for people to get together and discover a love of gardening.

What's your favourite place here?

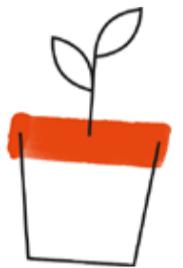
There's a wonderful hidden green space on the way up to Olympic Way with the most wonderful view over Mickfield. It's very romantic!

And your favourite British food?

You're going to laugh! I only discovered fish and chips recently and I love it. I can't believe I didn't discover it before! It used to be steak because we don't really have that in Czech Republic where we eat more pork.

Can you share an inspirational quote?

I've learned through my business experience that 'failure is just a step on the way to success.'

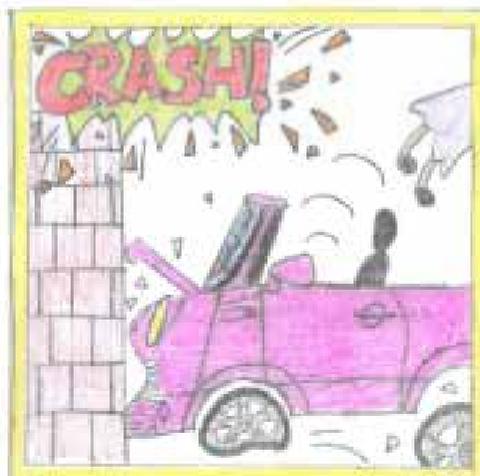
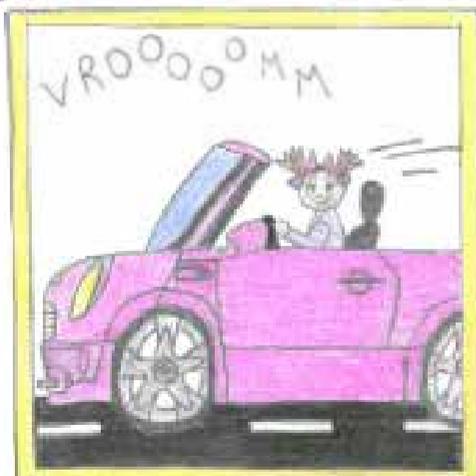


Joseph runs Tiny Garden Nursery based in Mickfield, and grows and sells vegetable, salad, tomatoes, peppers and bedding plants plugs.
 Search Facebook @TinyGardenNursery for more info.



Josef Stuchlik, Mickfield Resident

MUMMY DRIVER BY SHANNON DOOLAN



Fancy having your cartoon featured in the Mayfly?
 Send your cartoon to: themayfly@marshandmicklefield.com

What's On

Monday

10.00am – 12.00pm	Let's Cook @ St Peters, HP13 7HU	✉ stannes-stpeters@hotmail.co.uk ☎ 01494 471315
10.00am – 12.00pm Primary Age	Over the Bridge @ Wycombe Marsh Church, HP11 1ET	✉ jespaft@hotmail.com
11.00am – 12.00pm	Indian Clubs @ The Hive, HP13 6DD	✉ sam.parker@wwfc.com ☎ 01494 455736
7.00pm	Fitsteps with Mia @ Wrights Meadow Centre, HP11 1SQ	✉ mia.fitsteps@gmail.com ☎ Mia Anstiss 07977 140728

Tuesday

9.30am – 11.30am Contact Organiser for Costs	Pilates @ Wrights Meadow Centre, HP11 1SQ	✉ classeswithsarah@outlook.co.uk
9.30am – 1.00pm First Tuesday of the Month	Micklefield Sling and Nappy Library @ Micklefield Community Centre, HP13 7FY	✉ jennibeach@outlook.com ☎ Jenni 07854 015184
11.00am – 1.00pm	Wellbeing Walk @ The Rye Lido Car Park, HP11 1QX	✉ sam.parker@wwfc.com ☎ 01494 455736
5.00pm – 7.00pm £1 Donation	Girls Group/Sheeros @ Eastside Youth Group, Highcrest School, HP13 7NQ	✉ yasmin@wycombeyouthaction.co.uk

Wednesday

9.30am – 11.30am	Mum and Toddler Group @ St Annes, HP11 1ET	✉ stannes-stpeters@hotmail.co.uk ☎ 01494 471315
10.00am – 12.00pm Second Wednesday of the Month	Marsh Meadows WI @ Wrights Meadow Centre, HP11 1SQ	✉ marshmeadowswi@gmail.com
10.30am – 1.00pm	WOW Exercise Class Followed by a Health Lunch @ St Peters, HP13 7HU	✉ stannes-stpeters@hotmail.co.uk ☎ 01494 471315
11.00am – 1.00 pm	Well Being Walk @ Sierra Road Community Allotment, HP11 1GY	✉ sam.parker@wwfc.com ☎ 01494 455736
4.00pm – 5.30pm	Kidsquest @ Elim Christian Fellowship, HP13 7YB	☎ 01494 523444
4.00pm – 6.00pm £1 Donation	Mixed Youth Group @ Eastside Youth Group, Highcrest School, HP13 7NQ	✉ yasmin@wycombeyouthaction.co.uk
4.30pm – 6.00pm Secondary School Age	BOOMMfutures Group for Young People @ Micklefield Library, HP13 7HU	✉ boommfutures@ marshandmicklefield.com
6.30pm for a 7.20pm start	Bingo @ Wrights Meadow Centre, HP11 1SQ	✉ wrightsmeadowcentre@gmail.com ☎ 01494 527608

First Saturday Breakfast

Pastries, toast, cereals, fruit, hot sandwiches and plenty of tea and coffee.

Held the first Saturday of each month at different local venues

This is a free, open door, social event. Just bring yourself, your family and your neighbours, and enjoy.

Kids of all ages are extremely welcome as long as they bring their parents.

More info at marshandmicklefield.com



Thursday

10.00am – 11.30am Hosted by Action for Children	Stay and Play @ Wrights Meadow Centre, HP11 1SQ	✉ wrightsmeadowcentre@gmail.com ☎ 01494 527608
2.30pm – 4.00pm	Monthly Tea Party @ Micklefield Library, HP13 7HU	✉ Annie Baughan lib-mic@buckscc.gov.uk
6.30pm – 7.45pm Ages 5 – 11	Blast – Fun, Storytelling, Craft and Tuck @ St Peters, HP13 7HU	✉ stannes-stpeters@hotmail.co.uk ☎ 01494 471315
7.00pm – 10.30pm	Line Dancing @ Wrights Meadow Centre, HP11 1SQ	☎ Dianne 01494 520031

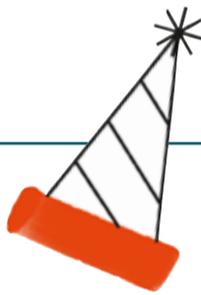
Friday

10.30am – 11.30am Free	Bounce and Rhyme @ Micklefield Library, HP13 7HU	✉ lib-mic@buckscc.gov.uk
From 7.00pm First Friday of June, Aug, Oct, Dec Contact Venue for Costs	Quiz Night @ Wrights Meadow Centre, HP11 1SQ	✉ wrightsmeadowcentre@gmail.com ☎ 01494 527608

Saturday

10.30am – 11.30am Free, First Saturday of Every Month	Storytime and Crafts @ Micklefield Library, HP13 7HU	✉ Nicola lib-mic@buckscc.gov.uk
2.30pm – 3.30pm £10 per session	Sams Bootcamp @ Totteridge Community Centre, HP13 6UH	✉ sjcarroll85@hotmail.co.uk ☎ 07737 335707

**Micklefield Library
10th Anniversary Week**



Sat 26th Oct, 10.00am – 12.00pm Garden clear up, with plenty of tea and cake

Tues 29th 2.30pm – 3.30pm, Children’s event decorating the library

Thurs 31st October 2.30pm – 4.00pm Anniversary Tea Party

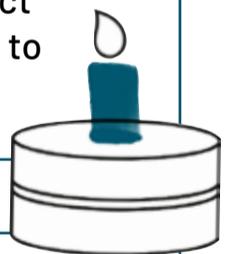
Fri 1st November 10.30am – 11.30am Birthday Special, Bounce and Rhyme

Sat 2nd November 10.30am – 12.00 pm Birthday Party!

**Wrights Meadow Centre
5th Birthday and Fun Day**

Saturday 7th September, from 2pm until late.

Kids Entertainment, Live Music, Cash Box Draw. Howe and Co Fish and Chips Van will also be on site. Free Event! Collect your ticket in advance from the WMC to guarantee entry.



**Micklefield Community Centre
30th Anniversary
Fancy Dress Fete!**

2pm, Saturday 21st September

Join us for a day of celebration
80’s Fancy Dress, Family Fun!

For more local events info visit:
marshandmicklefield.com/events

To add your event to these listings contact:
themayfly@marshandmicklefield.com



Hills Café

Micklefield's not for profit community café

Rebecca Bennet , Director of Hills Café



The Best Ever Cookies

Ingredients

100g caster sugar
100g butter
1 tbsp golden syrup
150g self raising flour
80g chocolate chips (or anything you fancy...)

Method

Preheat oven to 180 degrees C.
In a bowl mix the sugar and butter until creamed together.
Then add golden syrup and mix until well combined.
Add half the flour and chocolate chips and mix well.
Next, add the rest of the flour and mix into the dough.
Divide into 10 -12 equal balls and arrange on a baking tray so there's plenty of room for them to spread when baked.
Don't flatten!
Cook for 10-12 minutes, until golden brown.
Allow to cool on a wire rack.



The Best Ever Cookies



Mountain Breakfast

Hills Café, 162 Micklefield Road,
Open Monday – Friday 9am – 3pm
and Saturdays 9am – 2pm.

Serving a variety of breakfast and brunch options, locally sourced sausages and coffee, local staff and a warm welcome! We have a hidden garden, children's toys and menu, and inside seating available.

Hills Café is a 'not for profit' community enterprise, meaning we are run by locals for the benefit of the whole community. The money we make is re-invested into the project to benefit the local residents; we are more interested in growing people than growing profits! We operate a fully functioning café and look forward to meeting you.

'Hills Café not only serves fantastic coffee, it is also a fantastic resource to the local community. It provides volunteers with opportunities to build their confidence and get training in barista skills and offers a vital lifeline for vulnerable people in the community.'

Bucks Best Coffee Shops –
Bucks Free Press 2019



To continue the fantastic work we have started we need support.

The three main ways are:

Visit us! Come and have a brunch and experience first hand what we do

Volunteer with us! Donate your time to gain skills and chat to our customers

Donate financially! We need funds to keep prices low, the door open, and support volunteer placements: www.localgiving.org/charity/hills-cafe

Coming to Gomms Wood Nature Reserve
Saturday 21st September 2019
**Marsh and Micklefield
MOVIE NIGHT**
huge outdoor screen

Disney **Aladdin**

A magical open-air family cinema event!

Tickets now on sale from Wrights Meadow Centre & Hills Cafe

All details at www.marshandmicklefield.com

Mushrooms

Not plants, not animals – the magic of mushrooms

John Taylor, Ranger for Marsh and Micklefield

Mushrooms are extraordinary things. They are not fruits or vegetables and, like animals and plants, belong to a kingdom of their own.

Woods around Marsh and Micklefield support a huge variety of species. We are lucky to have the **Magpie Inkcap** in the area – common in deciduous woodlands, especially Beech woods, but nationally quite rare.

The local woodworking industry that is such an important part of Wycombe’s heritage also benefited from mushrooms. Fungi colonising dead or fallen trees by travelling through wood cells can leave conspicuous patterns favoured by turners. This is known as Spalting and Spalted Beech is much sought after. If you have any handmade furniture or objects, take a look to see whitened patches and marbling, or black and brown lines through the wood – these are the work of Fungi.



Saffrondrop Bonnet (left) and Magpie Inkcap (right)



Golden Scalycap

Another easily spotted species locally is the **Golden Scalycap**, which is noticeable growing in tufts on live and felled trees with a marked fondness for Beech. Delicately beautiful is the slimy-surfaced **Porcelain Fungus**, found on dead or decaying trees.

Also keep an eye out for the **Saffrondrop Bonnet**, the **Sulphur Tuft** (vibrant yellow in dense clusters), various **Boletes** (they have pores rather than gills) and the otherworldly looking **Collared Earthstar**. Possibly one of the most beautiful mushrooms and, luckily, fairly widespread, is the **Amethyst Deceiver**. The cap, gills and stem of this mushroom are a deep lilac-purple when young, although they fade to a pale tan colour when older, which can cause it to be confused with the poisonous Lilac Fibrecap.



Porcelain Fungus (left) Amethyst Deceiver (right)



It’s important not to eat or touch mushrooms growing in the wild, both for conservation and health reasons. They are a really important and fragile part of our ecosystems, providing food to many species, helping decompose dead animals and plants, and improving soil quality. Many fungi have a symbiotic relationship with other plants, supplying water and mineral nutrients in return for sugars.

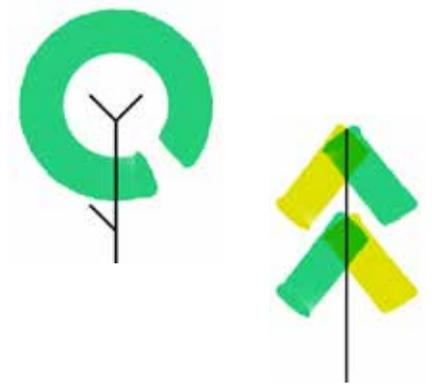
Unfortunately, despite their vital and generous role in supporting life, mushrooms can also be deadly; some, including the **Destroying Angel** can cause fatal liver and kidney failure and have no known antidote.



Collared Earthstar

Did you know?

Worldwide the number of fungal species has been estimated at 1.5 million – with only 100,000 species named.



Get Involved

Are you a good listener?

Team M&M needs help arranging monthly meetings and taking minutes. Most work would take place over approx. 6 hrs around the first week of the month, including one evening meeting.

Support with training and volunteer expenses including childcare are available.

Please get in touch for an initial chat if you are interested.

themayfly@marshandmicklefield.com

Looking for Bar Work?

Gain the experience necessary for securing a paid position by volunteering behind the bar at the Wrights Meadow Centre. Full training and references can be provided.

Hours 7pm – 12am (negotiable) one weekend evening per week.

Please get in touch with Paula for an initial chat if you are interested.

wrightsmeadowcentre@gmail.com

Movie Night 2019

Volunteer stewards needed to support this much loved community event on the afternoon/eve of Sat 21st Sept 2019. Whether you want to gain experience in event management or simply want to help out, we would love to have you on the team. Free tickets for the families of volunteers.

For more information contact:
lisa@marshandmicklefield.com
07478687954

There are lots of opportunities to get involved.

Find out more on marshandmicklefield.com, or contact: john@marshandmicklefield.com

For more info on conservation in the wider area visit: chilternrangers.co.uk